

**Risk Factors Checklist**

- Emaciation/ wasting
- BMI: less than 70% median BMI
- Acute food refusal for more than 2 days or estimated calorie intake 400 – 600 kcal per day
- Pulse: 40bpm or less
- Blood pressure: low – systolic < 85 / orthostatic changes
- Na: < 130mmol/L
- K:<3mmol/L
- Glucose: <4mmol/L
- Phosphate: <\_ 0.9mmol/L
- White cell count: low
- Albumin: <40g/L
- Temperature: <35 degrees Centigrade
- Peripheral cyanosis
- Other biochemical abnormalities
- ECG: bradycardia / tachycardia; QTC >460ms in females; QTC >450ms in males
- Engagement with management plan: severe agitation / aggression when parents try to encourage food or fluid intake or limit compensatory behaviours; poor insight / motivation to engage with nutritional plan
- Self-harm / suicide: ideation with moderate to high risk of deliberate self-harm / suicide
- Complex co-morbidity: severe obsessive compulsive disorder (OCD); major depressive disorder (MDD), severe emotional dysregulation; anxiety disorder; psychosis