

Our core values are:

- to engage with and treat our young people with a holistic approach to facilitate their physical, mental and emotional recovery
- to provide quality services, comprehensive information and to strive for constant improvement
- to inspire our staff to build a positive environment
- to respect the dignity of our patients
- to work in co-operation with the family of our young people by including them in the treatment programme
- to work together with honesty and respect and to listen to and act on feedback

Our vision

Ellern Mede is committed to offering specialist, safe, effective eating disorder care in a holistic approach to facilitate physical, mental and emotional recovery. We aim to offer the most comprehensive specialist eating disorders treatment pathway available anywhere in the UK. We believe in treating each person as an individual and we focus on their needs.

Philosophy of Care

Our philosophy is to engage with and treat the person as a whole to facilitate their physical, mental and emotional recovery. We provide a safe and supportive environment which respects patients and their families as individuals, whilst also encouraging the young people to pursue their aspirations.

Our patients are at the core of everything we do and we pride ourselves on offering a service which respects their dignity and treats them with humility. We enable our patients and their families to manage their disorder and rebuild their lives. We work from evidence-based outcomes and family feedback to improve our service.

We value safe, effective care for patients; a supportive safe and rewarding working environment for staff, open and transparent communication with patients, patient families and the health professionals we work with; and continuous quality improvement through internal and external audit and review.